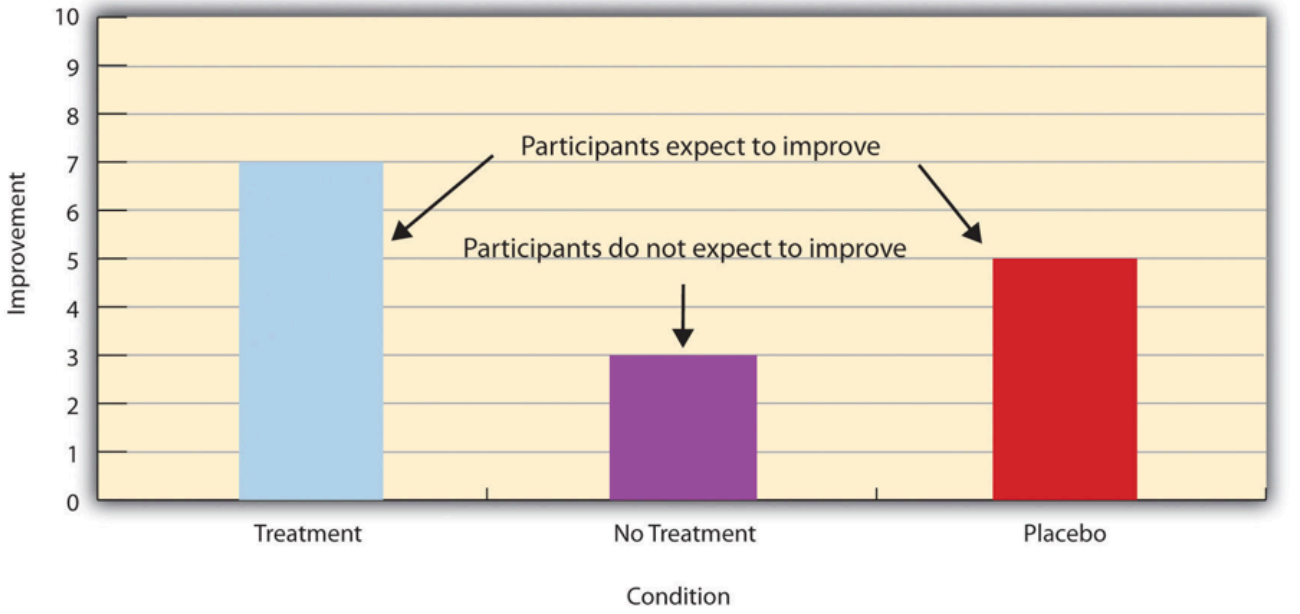
Improvement
10
9
8
7
6
5
4
3
2
1
0
Participants expect to improve
Participants do not expect to improve
Treatment
No Treatment
Placebo
Condition